

Bush Baby News

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TERM 3 WEEK 4 2019



CHAIRPERSONS REPORT

Term 3 is now well and truly underway and it has been lovely to think back to the start of the year and then look around now so many months down the track and see the excitement in the children's faces as they come to preschool in the morning and the friendships that have been created and cemented across the school year.

One of our favourite and tastiest fundraisers, the Bunnings Bake Sale, is just around the corner so I hope you are all busy poring over Nanna's favourite cookbook to decide what tasty treat your family will bring along for the sale. This year we have booked our Bake Sale on the first weekend in spring and Bunnings have their major and well-advertised launch at their stores. RFS, jumping castles, a band etc will all be there, increasing foot traffic. In an effort to capitalise on the extra foot traffic passing through Bunnings that weekend. Naturally, the more goodies we have to sell the more we are able to raise for our preschool so thank you in advance to all those families who are able to bake or make something for this fundraiser. All the information and details you need for the Bunnings Bake Sale is included a little further along in this newsletter.

The Parent Helper Roster for Term 3 is up on the Wattle Room door and spots are steadily filling up. On behalf of the Board I would like to extend a big THANK YOU to all our parent helpers who have already added their names to the roster. Parent Helper days are vital to help keep our preschool fees low, and to allow our educators to do what they do best - engage, inspire and educate our kids! If you are yet to put your name down for this term I would recommend getting in as soon as you can so you can get a date that suits your schedule.

As always, if you have any feedback, questions or queries please don't hesitate to chat to myself, another board member, Mrs Downie, or of course, pop it in the Suggestion Box at the sign in desk.

Kind regards,

Bec Pollard

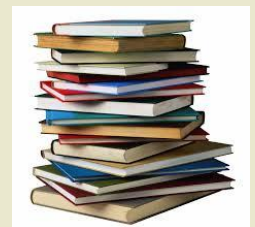
DATES TO REMEMBER Term 3

Monday 22nd July – Friday
27th September

- **Police visits**
Wed 14th August
& Fri 23rd Aug



- **Book week**
19th – 23rd August



- **Grandparents week** – 26th – 30th August



A BIG THANK YOU...



Emma Cuninghame for moving our worm farms

Mark Cilia for completing some maintenance items around Preschool.



BABY ANNOUNCEMENTS

Congratulations to the Kelly Family on the safe arrival of Hayleigh, a sister for Charlie Maree.

Congratulations to the McLelland Family on the safe arrival of Penelope, a sister for Delilah and Matilda.

OVERVIEW OF TERM 3

A very busy term coming up. Please see dates to remember on page 1, as there is something happening every week at Preschool, plus the Bunnings stall.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-Aug	6-Aug	7-Aug	8-Aug	9-Aug
12-Aug Police Visit	13-Aug	14-Aug Police Visit	15-Aug	16-Aug
19-Aug	20-Aug	21-Aug	22-Aug	23-Aug Police Visit
26-Aug	27-Aug	28-Aug	29-Aug	30-Aug
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
9-Sep Eye Screening	10-Sep	11-Sep Eye Screening	12-Sep	13-Sep Eye Screening
16-Sep Class Photos	17-Sep	18-Sep Class Photos	19-Sep	20-Sep Class Photos
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
Holidays	Holidays	Holidays	Holidays	Holidays



POLICE VISITS

At 10am on Monday 12, Wednesday 14 and Friday 23 August we will have a Police visitor from Narellan Police Station going through many safety messages with the children, as well as reinforcing how police help people.

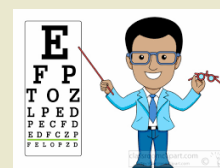
- **School readiness** information evening at Preschool – Wed Sept 4th evening



- **Bunnings Cake Stall** – Saturday 7th September



- **Eye screening** 9th, 11th & 13th September



- **Class photos and individual photos** – Mon 16th, Wed 18th & Fri 20th Sept



- **Walkathon** 23-27th September – last week of term 3



Term 4

Monday 14th October – Friday 20th December

BOOK WEEK



We are recognising and participating in Book Week this year in several ways. There is a note in your communication pockets about this, and your child's days have been sent to you via Kinderloop. Educators have copies of the day allocation list in their rooms as well, if you need to check. Please try to join in on your child's day, as we have evened out the numbers for each day so we can give sufficient time to each child's special book.

Activity 1- Preschool "Library" each day during book week for you to borrow a book, take it home, return it, and borrow another one. Just like a real library!

Activity 2- Children will be bringing in their favourite book to read to the class- allocated days.

Activity 3- we are inviting families and members of the public to come and read a book to the children. If you know someone who would like to do this, please see an educator to organise a day.

If your child would like to dress up during book week, they can come as any of their favourite book characters or they can follow the theme "Reading is my super power".



GRANPARENTS WEEK

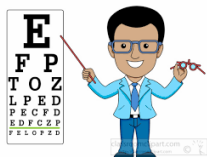
Invitations are in the wall pockets from your child inviting grandparents (or if Grandparents are unable to come for any reason, could be other significant people in their life. We will be welcoming grandparents each morning during grandparent's week, singing songs, making special crafts, and enjoying a picnic lunch together. We hope many grandparents can come and join in.



BUNNINGS CAKE STALL

We have just been advised we need to change the date of the Bunnings Cake Stall to Saturday September 7. This is a very busy day at Bunnings as it is their Spring Launch, so we are lucky to be able to have our stall on this day. Examples of items you can cook will be available out the front. If you can't or don't feel comfortable cooking, you could always donated bags, small ice cream cones or small jars to put lollies and cakes into for selling. Items will need to be delivered to preschool on Friday 6 September for pricing and organising.

EYE SCREENING



Eye screening will be conducted by the South Western Sydney Local Health District. This is a free service for children eligible for school in 2019. It is highly recommended you participate in the vision screening program as many vision problems remain undetected unless a child's vision is screened by a trained vision screener. Mrs Downie will be with children as they match letters and have one eye at a time checked. This is usually a fun process. Please complete the forms in your communication pockets as soon as possible and return to Preschool.



FATHERS DAY

Thank you to the families who have brought in a shirt for our Father's Day gift. If you haven't sent yours yet, please do this as soon as possible as we will be starting these next week, and we don't want your child to miss out. (Pale colour shirt that fits dad, with name clearly on the T shirt itself. Ensure educators mark your name of our list) Thank you.



OUR FAMILY SUPPORT WALL

Our information wall is growing every day with help from families. Thank you for the recommendations we have received so far. If you have any therapists or local services you can recommend to other families, please write it on the form at the sign on area.



PHILOSOPHY REVIEW

Thank you to all the families who gave us ideas and their priorities to include in our Preschool Philosophy. We have combined and updated our existing policy from 2018. The new version has now replaced the old one on display at the sign on area. We particularly improved the sections around sustainability and health, as well as our connections with the community. We have been immersing these in the program for many years, and it has not been directly reflected in the philosophy. Thanks to family input, it is now included.



MORE SUSTAINABLE IDEAS WE DO.

Here are some of the things we have been doing at Preschool for some years to support a sustainable future, and your child has been learning about these things;

Recycling food to worm farm, chooks and compost with supporting conversations

Recycling paper to yellow bin or our compost bins

Recycling boxes, reusing spoons, containers and resources, again with supporting discussions

Turn off lights and air conditioners when not in the rooms

Turn taps off while we are rubbing the soap into our hands, and learning to minimise water, soap and paper use

ENERGY SAVING IDEAS WE CAN ALL DO AT HOME

Turn lights off when you are not in the room
Wash in cold water



Have shorter showers (uses less hot water)
Fix seals around windows and doors to keep heat in/out, including using draft excluders under doors
Use energy savings bulbs
Put insulation in your ceiling and even walls to maintain heat/ cool
Run air conditioners at around 22 degrees for optimal efficiency
Dry clothes in the sun
Run dishwasher (if you have one) only when it is full
Turn power points off and don't have appliances on standby. This can use a lot of power.
If you have any ideas on how we can "save the world" please let us know on Kinderloop. We are always looking for new ideas.

MRS TZORTZIS INTRODUCTION

Hello to all the wonderful families at The Oaks Preschool.

My name is Patricia Tzortzis and I would like to introduce myself to you as the new casual member of staff at our beautiful school. Some of you may already know me and some of you I am yet to meet. If you see me please make sure to say hello, I'm always excited to meet members of our incredible preschool community.

I have worked in the childcare industry for fifteen years and hold my diploma in children's services. I am also working toward completing my Early Childhood Teaching degree with Charles Sturt University and over my fifteen years of teaching I have worked with children from the zero to 12 year old age groups. I've been very lucky to have worked in the industry for so long and took a little break to have my babies and I am really excited to be back and working alongside the amazing staff here at our school.

I am blessed to have two gorgeous boys of my own, James (who is a member of the Wattle room and is off to big school next year- I can't believe how fast this has come around! I'm sure you can relate and I'm feeling lots of happy sad emotions) and Leo (who just celebrated his first birthday- it seems like only yesterday I brought him home from the hospital!) and I feel so lucky they chose me to be their Mummy.

I've lived in The Oaks for ten years now and my husband Andrew has been in the area for twenty two years (some of you may know him from the local Chicken shop. His family have owned and operated this for seventeen years!). My hobbies include cooking, (my favourite thing to make is sweets) and I love nothing more than heading to the park with the boys and having some family time. I can't wait to meet you all and look forward to spending time with all of your amazing children here at The Oaks Preschool.

WATTLE ROOM

We have had a great start to term 3 in the Wattle room. The children shared all of their holiday adventures via the magic microphone in our circle time and are becoming confident in their communication in a group forum.

We have continued to explore healthy lifestyles via exploration of how our bodies work. The group have delved into the world of digestive, pulmonary and circulatory function, being fascinated by the important features inside us that make us work. In the coming weeks we will be developing our fundamental movement through further study into muscles, what they are why we have them, how they work and what we need to do to keep them healthy.



Extending from our igloo construction, group continues to investigate structures, buildings and geographical features via a group project creating our towns. The children have had to work collaboratively to place road systems and construct their own homes using loose parts.

We have some important dates coming up and have been busy rehearsing for our Grandparents day, learning new songs and rhythm performances.

We look forward to a great term 3 with lots of extended play, investigation, exploration and learning fun.

WILLOW ROOM

Term 3 is now off and running and the children have been very busy with their learning. Educators have just completed the children's mid-year reports, which will be in their work sample journals very soon. Please feel free to discuss any items of concern with your child's educator.

The room Willow room has been busy with many projects on the go. The children are working jointly on recreating the scarecrow for the vegetable garden, their input and creativity has been amazing. They have also been active in the garden, planting the seedlings that grew over the holidays and replanting new seeds in preparation for spring. They have also been active in the composting and caring for the worms' farms.

The children have chosen the songs and activities for Grandparents week (which is fast approaching) and are excited to have their Grandparents visit and spend some time in their environment.

The science and STEAM area has been a hive of activity recently and we will be encouraging the children in this area to continue to explore and learn with the research of some new and exciting experiments.

Looking forward to the remainder of the term and the fun and learning we will experience.



NO TOYS FOR NEWS

Toys cannot be brought to preschool for news. Please support educators in the mornings by not allowing your child to bring toys in to Preschool. Thank you.

PHYSICAL ACTIVITY & ITS IMPORTANCE



Why is physical activity important in early childhood services young children?

Physical activity is vital for a child's development and lays the foundation for a healthy and active life. Early childhood services are ideally placed to foster the development of good physical activity habits early in life and to encourage families to engage in regular physical activity.

The Oaks Preschool, as an early childhood service offers a wide choice of play-based, physically active learning experiences that link to children's interests, abilities, identity and prior knowledge. Physical activity is made up of both spontaneous and intentionally planned active play that is done indoors or outdoors. In addition, as active role models, educators do encourage children to participate in physical activity.

The benefits of being active for young children include:

- promoting healthy growth and development
- helping to achieve and maintain a healthy weight
- building strong bones and muscles
- improving cardiovascular fitness
- improving balance, coordination and strength
- maintaining and developing flexibility
- improving posture
- assisting with the development of gross motor and fine motor skills
- providing the opportunity to develop fundamental movement skills
- helping to establish connections between different parts of the brain
- improving concentration and thinking skills
- improving confidence and self-esteem
- relieving stress and promoting relaxation
- providing opportunities to develop social skills and make friends
- improving sleep

